

Preparing for Hosei

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Knowing what to prepare before going on your year abroad can feel daunting. From documents to daily essentials, the list can seem endless. Preparing and packing efficiently can save you money, time, and space, space you'll definitely want for all the lovely souvenirs and trinkets you'll bring back home!

Packing Smart

Packing your suitcase efficiently can be tricky! As someone who's packed and unpacked her suitcase many times while debating whether to bring all four of my plushies or not, here are my best tips. Pack something sentimental that reminds you of home. Even during an exciting exchange, you'll likely miss it sometimes.



Important Documents

Of course, don't forget the serious stuff. As a resident in Japan, you'll need to get National Health Insurance, and it might also be worth looking into private insurance if your home university requires it. Prepare all important documents, including your passport, residence card, and university forms, before departure.



Planning Ahead

It's a good idea to make a mini itinerary of things you'd like to do in Japan. Once you arrive, you'll be busy settling in and might not have much time to plan. Also, arrange your first few nights' accommodation and transportation from the airport in advance, it will make your arrival much smoother!