

A Positive Life-changing and Unforgettable Experience

MASSON Stella

This year as an exchange student has been one of the best I had in my life. It really made me evolve in so many ways. I would say this year has been the most instructive and life-changing experience for me. I met so many nice and different people, visited so many places, had a lot of work to do for classes, and of course experienced Tokyo life as much as I could!

Confidence building

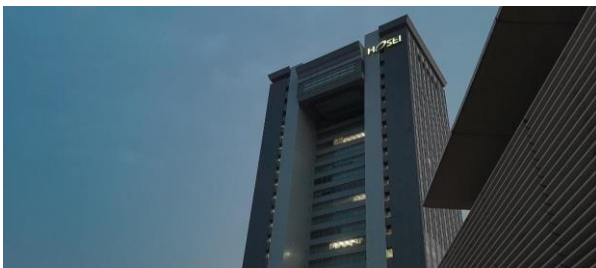
First, going alone in a far away country was already an achievement, but through this year, I also evolved in my way of thinking, of living, and more globally, my way of being. Traveling with friends all around Japan, taking



classes in which I have been able to really see my improvements and get more confident... This year was truly the most successful, fulfilling, instructive, enlightening experience. Regarding education, I have been able to really know my capacities, and to evolve and increase my competences in a completely different environment than the one I was used to. Arriving alone in a country on the other side of the world particularly helped me to get confident in English speaking and in socializing with people.

“See you”

Of course, not everything was perfect, there were some moments when I was really down



too and sometimes I was missing my home country... but this was a small part, compared to the moment I realized how lucky I was to experience that and to live in Tokyo for a whole year. An advice I could give would be to not be afraid of trying things, of talking to people

especially, because everyone is in the same situation, alone in a country they don't know

much about, ties and friends are easier made during an exchange year. However, I still haven't experienced the saddest part of studying abroad, which will be when I will have to say goodbye to all those friends I have met here, people who inspired me, helped me grow up and evolve, taught me new cultures... But I prefer to believe in a hopeful "See you one day!", more than a sorrowful "Goodbye."