

5 euros and I'm full

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I think what surprised me the most when I arrived in Japan at the beginning (in September 2023) - after having been welcomed by Mario at the airport - was the price of the food in restaurants regarding the quantity and the taste. I remember having a meal in Shinjuku in a sort of Japanese fast-food restaurant which I now forgot the name of, and being really surprised that I couldn't finish my dish, paying only an amount of around 800 Yen for a consistent rice and meat bowl and a bottle of coke, "Guys, it cost 5 euros and I'm full... is it for real?", did I express in a video sent to my friends back in France.



I already knew Japan was less expensive than France in some ways, but I didn't expect to be pleased with that quantity and that quality, nor did I expect that an 'basic' burger - or even an expensive one - at McDonald's to be the price of the cheapest burger in France's McDonald's. I would say that, even prepared for that, I was still really surprised when I started experiencing it daily, discovering new cheap places where the food was also delicious.

I was again surprised back in December 2023, when I discovered this Italian place : Saizeriya. I think I've never been that amazed by the value for money in a restaurant. We paid 10 euros for two people, and the food was absolutely delicious - I am not really difficult about food quality in general, but I can say I am always so relieved by the smell when I enter a restaurant of this chain.

