

Crossing Cultures, Discovering Myself

Seolhee JANG

Learning Japanese Culture through Theater

Studying at Hosei University in Tokyo allowed me to experience Japanese culture in a direct and immersive way. Among all the courses I took, the Japanese theater class left the strongest impression on me. In this course, I learned about Noh, Kabuki, Bunraku, and Takarazuka, exploring how each form reflects different historical periods and social values. Rather than learning only through lectures, I had the opportunity to create my own theatrical performance, which helped me understand theater as a living and expressive art form. Watching professional performances in Japan further connected classroom knowledge with real cultural practice.



Cultural Exchange and Self-Discovery



Outside the classroom, interactions with friends from diverse cultural backgrounds shaped my study abroad experience. Sharing meals and trying each other's traditional foods became a meaningful way to exchange cultures and perspectives. Living abroad also gave me space to reflect on myself. Facing challenges independently helped me understand how I adapt, communicate, and

grow in new environments.

Through academics, language learning, and intercultural experiences, my time at Hosei University became a journey of both learning and self-discovery.