

Study Abroad Tips

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I have studied abroad in Taiwan for more than 3 years and spent 1 semester at Hosei University so I understand the challenges international students may face while living and studying abroad.

Hanging Out and Spending Time with New Friends



Studying abroad can sometimes make us feel worried or lonely but it also gives us the opportunity to meet people from different countries and learn from one another. I met many of my friends through HUBs activities and classes because we shared common interests. One of my favorite memories was trying different restaurants around the Ichigaya campus after class. We talked about our studies, exchanged experiences and supported each other. Spending time with friends made my exchange life much more enjoyable and reminded me that I was not alone.

Making a List of Your Interested Activities in Japan



I recommend making a list of the places you want to visit and the activities you want to do in Japan. Once the semester begins, you will become busier and some activities require reservations in advance. One of the highlights of my exchange was watching Japanese volleyball matches for domestic and national games since I am a big fan of Japanese volleyball team. I had to book tickets a few months in advance for the event and they were memorable experiences to watch my favorite players in person. I also enjoyed joining

activities that my friends were interested in because I can experience new things that I have never done before.

Get to Know The Country Better

I encourage new ESOP students to learn about Japanese culture and customs before arriving in Japan. Taking Japanese classes at Hosei was one of the best decisions I made because it made daily life much easier, even though my Japanese is still at a beginner level. I'm sure knowing some Japanese phrases and sentences allows you to easier adapt to life here. In addition, I improved my language skills through Japanese classes and conversation activities and that gave me a chance to make more Japanese friends and enjoy meaningful cultural exchanges.